**Community Connection**

**New Horizons at Marlborough**
Serving Metrowest Seniors Since 1994
*A Turning Point in Senior Living!*

*June 2019*

BACK BY POPULAR DEMAND: Armed with berets, smocks, and painting supplies, Northland Investment Corporation volunteers guided residents through a floral paint-on-canvas project. Pictured, left to right: the instructor guides the class through background and foreground composition; resident Doris Steinman adds some final touches to her painting; Doris Brugger proudly displays her finished masterpiece.

SUNDAY, JUNE 16, we will honor fathers with a mid-day meal featuring your choice of black oak ham with pineapple champagne glaze or a surf ‘n’ turf dish, which will include roasted tenderloin and shrimp scampi.

CINCO DE MAYO SPIRIT: Wearing sombreros and shaking maracas are residents Cecil and Diane Sprung (left) and Laura Myers and Carol Bajor (right).

FIND US ON FACEBOOK: Click the logo to the left to find yourself, friends, or relatives in our posts. Then click to share the fun we have at New Horizons at Marlborough!

CONGRATS Class of 2019

It’s graduation season for many of our student staff members. Please join us in wishing them much success.

Advanced Math and Science Academy
Allison Cash
Erin Gowaski
Megha Varghese

Marlborough High School
Matthew Fettig
Matthew Keenan
Sarah Naim
Emma Sargent

Boston University
Anthony Pirrotta
ONE HUNDRED - AND ONE - REASONS TO CELEBRATE

Reaching 100 is a huge milestone for anyone, but doubly so for resident Eddie O’Toole. A single candle on his 100th birthday cake had special meaning. That’s because he shares his May 7 birthday with his great-great-grandson Tucker (pictured with Eddie, right). When Eddie turned 100, Tucker hit his own milestone—reaching the ripe old age of one. What wisdom could Eddie impart to the fifth generation O’Toole? If Tucker emulates his great-great-granddad, he will:

1. Marry the love of his life and have a big family (Eddie and his late wife, Barbara, had eight children)
2. Spend a lot of time outdoors (Eddie cross-country skied, ice skated, and took 50-mile weekend bike rides)
3. Enjoy a good steak dinner with baked potatoes and potato chips, a side of al dente mixed vegetables and black forest cake for dessert.

TO YOUR HEALTH New Horizons’ spring Health Fair was a great success. Fourteen health care providers, along with Marlborough Fire Department and Marlborough Senior Center, set up tables offering helpful handouts. “We had a fantastic turnout—more than 75 residents!” exclaimed Associate Director Cheryl Rank, RN. “They received helpful information to find a primary care physician, choose a rehab facility, and address memory, hearing, and vision issues. There was balance testing, and they received free samples of Ensure, pill organizers, and other goodies.” VNA staff did blood pressure screenings and demonstrated their TeleHealth system for residents like Anita Rizzo (pictured, left).

Upcoming Events
(Stay tuned to 918 for updated information.)

Out to: Worcester Bravehearts Baseball Game
Floral Arranging Class with Judy Proteau
Sunnyside Swing Band
Out to: Isabella Stewart Gardner Museum
Out to: Boston Early Music Festival
Assabet Regional Technical High School ROBOTS

Mark Your Calendar!

June 9  Guitarist David Bazin  2:30 PM
June 10  Pianist Ethan Stone  2:30 PM
June 17  Bay Path Elder Services: Nutrition Talk  2:00 PM
June 20  New Horizons’ Talent Show  2:30 PM
June 21  New Resident Reception: Alan Pearlmutter & Linda Poland  3:30 PM
June 26  Rob Natoli and the String Swing Band  2:30 PM

To view this newsletter in color, see the postings throughout the community or visit www.countrycommunities.com.
New Horizons ~ 400 Hemenway Street, Marlborough, MA 01752 ~ 508-460-5200