SEASONAL CELEBRATION: What better way to get into the swing of summer than a Worcester Bravehearts baseball game? Pictured above, left to right: “bench warmer” Carol Olsen; “grandstanders” Carol Bajor, Tom Ribadaneyra, and Jim Eldridge; Carol Bajor gives an (unintentional) high sign.

PATRIOTIC SONGSTER: “Phenomenal!” That’s how one audience member summed up a performance by Daniel Clark. “The Singing Trooper” brought down the house with rousing musical tributes to servicemen and servicewomen.

BASTILLE DAY HONOR: Resident Charlie Rogers is receiving France’s highest award, in recognition of his distinguished World War II service. The National Order of the Legion of Honor presentation takes place July 14 in Boston, at the French Consulate.

Fifty local-area nonprofits will benefit from $15 million in long-term grants from Cummings Foundation. That’s in addition to $10 million that the Foundation awarded in June through its annual $100K for 100 program. (Details at www.cummingsfoundation.org.) Among the Sustaining Grants recipients is the Marlborough-based Boys & Girls Clubs of MetroWest. The organization will receive $300,000 over 10 years to enhance its services. Its focus is an after-school program used by more than 200 children a day at its Marlborough Clubhouse. On a smaller scale, New Horizons supports the organization through proceeds from our Country Fair photo booth.

MARK YOUR CALENDAR for Sunday, September 8. That’s the date for our 25th annual Country Fair. This popular harvest festival is held on Grandparents’ Day. There will be games, face painting, barbecue, popcorn, cotton candy, Busy Hands’ charity craft sale, a petting zoo, ice cream, and more! Watch for details in our next newsletter and on 918.

FIND US ON FACEBOOK! Click the logo to the left to find yourself, friends, or relatives in our posts. Then click to share the fun we have at New Horizons at Marlborough!
SUBSTANTIVE TOPICS: Over the past several weeks, many weighty subjects have been covered through the combined efforts of Community Services and our campus partners. Pictured, left to right: Resident Rose Westheimer shared her intensely personal story of surviving the Holocaust; New Horizons bus driver Lauri Pekkala discussed life in the Secret Service (including guarding President Ronald Reagan and Britain’s Prime Minister Margaret Thatcher); geriatrics counselor Lisa Krinsky conducted a sensitivity workshop related to LGBT elders; and VNA Care Advantage’s Margaret Robinson addressed stroke prevention. In addition, Hearthstone presented a two-part talk on dementia.

RESIDENT SATISFACTION SURVEYS/FORUM: Thank you to all who responded to our survey. We appreciate your suggestions for improvements, as well as comments, such as this one, by Lorraine Davis: “Moving to 370 was one of the best decisions I’ve made in my lifetime. I have a beautiful apartment in an attractive, safe environment. Also made many new friends and now have a large extended family.” Make your voice heard, and make a difference in your community at this month’s Residents Activities Forum, July 17 at 2:30 PM.

SUMMER SAFETY TIPS
1. Hydrate: Take advantage of the 400 building’s refreshing “hydration stations.”
2. Avoid drinking excessive amounts of dehydrating beverages—coffee, alcohol, soda—or eating too much sugary, salty, and starchy foods.
3. Beat the heat: When going out in the sun, apply sunscreen, wear light clothing and a hat, and take frequent breaks in the shade.
4. Call your doctor if you experience signs of dehydration: a fever higher than 101°, confusion, weakness, vomiting for more than a day, or diarrhea for more than two days.

Upcoming Events
(Stay tuned to 918 for details)

- Gone Fishin’ Trip
- Concert Pianist Olga Vinokur
- Out to: Southwick Zoo
- Piano Prodigy Kelly Pham
- Out to: Larz Anderson Car Museum
- Tenor Sax Player Matthew Pearl

Mark Your Calendar

- July 4: Celebrate the Fourth of July! 2:30 PM
- July 10: Picnic at Nashoba Valley Winery 11:30 AM
- July 14: Vive la France! Bastille Day croissants/festivities 10:00 AM & 2:30 PM
- July 19: New Resident Reception with P.E. James 2:30 PM
- July 25: Resident Art Show Opening 2:30 PM